

Important Dates...

- ✓ Monday 17th September – P & F Meeting
Time: 7.00 pm **Location:** Flexible Learning Space
- ✓ Thursday 20th September - Last day of Tuckshop for Term 3
- ✓ **Friday 21st September** – last day of Term 3 Monday
- ✓ **Monday 8th October** – first day of Term 4

Classroom and Playground Rules

Over the next few weeks, we will be sharing our virtues for St Joseph's Parish School's Classroom and Playground Rules.

This week we will be focusing on **FRIENDLINESS**. The habit of being interested in others. The habit of sharing your time, ideas, feelings, belongings and yourself with others.

WE WILL:

- Keep our hands, feet and bodies to ourselves
- Take care of property and the environment
- Be friendly even to those who aren't our friends
- Act safely
- Listen to what is said to how it is said

Will you be here in 2019?

Planning for our 2019 school year is well underway. As our enrolment vacancies are limited and to aid prospective future families in providing certainty on possible enrolments for the new school year, we urge any families who will be exiting at the end of the year to please notify us accordingly.

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News from Ms Harrison..

Dear families,

With only limited parking resources at our disposal, it is vital that all drivers are mindful of all traffic regulations, as well as basic courtesies, in the school precinct at drop-off & pick-up times.

A reminder that the Kiss and Go Zone has a 2 minute limit from 8:30am – 3:30pm. Drivers disregarding these time limits cause major issues and safety concerns, not only in the Stop, Kiss & Go Zone, but also into the flow of traffic along Boundary Rd in front of the school. This is particularly the case when cars are stopped across the driveway entry in front of the Church, limiting the options for others endeavouring to pick up children.

Parents please also be aware that you are not to get out of your car in this zone - the children will be brought from the gate area to your vehicle when it reaches the top of the queue.

You know that your children copy you. So even when it's not convenient, even when you're in a hurry, even when you're tired, even when there's not much traffic, especially when you think your child won't notice, cross the road at the school crossing. It's important. Show them that you always play it safe and help them take steps to survive.

Have a great week.

Peace & blessings,

Rosie



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News from the APRE

Another term has quickly passed us by again and we are heading into the last week before school holidays. Over the last week and a half I have been able to spend some time in a couple of different classrooms and spend time with the children.

During this time I have been able to see the wonderful work being covered, the relationships and friendships being built upon and the religious life of our school at work. I have enjoyed spending time praying with the children and explaining the purpose and relevance of prayer in our lives. The Prep class have proven what a joy it is to hear somebody pray out loud and for things they wish God to help them with or whom they are praying.

In Prep for prayer we focussed on a new Morning prayer which they now all have a copy and have taken home to place in their bedrooms. In Year 4 we spoke about the importance of prayer and how we can relate it to our everyday lives to help us achieve and set our minds to something. Today we watched a video that helped us set the scene for our prayer (thanks to Mrs Pearce and her staff prayer).

In Year 4 we looked at problem solving and related this to our morning prayer and asking God to be with us as we get ready for the day and then to bless us as the day continues. I have included the prayer below as you might like to use it with your family sometime.

Prayer comes in many shapes and forms and is a form of communication, a way of talking to God. Prayer can be formal or informal and is an important part of Christian worship. Prayer can look different in different faith traditions but here at school we focus on some of the following types:

- individual prayer
- writing prayers
- meditation
- silence and praying as a whole community during Liturgies.

Here at St Joseph's we use some of the traditional prayers of the Church, such as: The Sign of the Cross, The Our Father, Hail Mary, Glory Be and Grace before meals. If you are interested in a copy of any of these prayers, then please let me know.

With blessings and gratitude,

Amanda

Prep prayer

Good morning Dear Jesus,
Smile on us today,
Give us your blessing as we work and play.
Morning is here. The day has begun.
Help us to grow and love everyone.
Amen.

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General information for the school community



Each term we are going to start including some factual information that is relevant to our whole school community. The topics chosen will be guided by the needs of the school and what is pertinent for communication to parents and students. This term we started with an article about the game Fortnite which was a Technology concern.

This week's information relates to student medical concerns and how important it is to remember that St Joseph's is an Allergy Aware School. It is asked of parents upon enrolment to be aware of our Allergy aware policy (located on our website) and adhere to this when preparing student lunches. Within our school there are a couple of students who require an EpiPen which is associated with allergic reactions and anaphylaxis. Some reliable information has been sourced from the following link if you wish for more detail:



https://www.allergy.org.au/images/pcc/ASCIA_PCC_Anaphylaxis_2017.pdf

Anaphylaxis is a potentially life threatening, severe allergic reaction and should always be treated as a medical emergency. Anaphylaxis occurs after exposure to an allergen (usually to foods, insects or medicines), to which a person is allergic. Not all people with allergies are at risk of anaphylaxis. It is important to know the signs and symptoms of anaphylaxis

Symptoms of anaphylaxis are potentially life threatening and include any one of the following:

- Difficult/noisy breathing
- Swelling of tongue
- Swelling/tightness in throat
- Difficulty talking and/or hoarse voice
- Wheeze or persistent cough
- Persistent dizziness and/or collapse
- Pale and floppy (in young children)

In some cases, anaphylaxis is preceded by less dangerous allergic symptoms such as:

- Swelling of face, lips and/or eyes
- Hives or welts
- Abdominal pain, vomiting (these are signs of anaphylaxis for insect allergy)

Several factors can influence the severity of an allergic reaction. These include exercise, heat, alcohol, and in food allergic people, the amount eaten and how it is prepared.

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