

Dear Families

In more recent years, there have been a number of articles in the news about children being too busy; too organised by their parents with little time to feel bored or to entertain themselves.

No doubt many of you have heard the term 'helicopter parenting' and, on the flip side, 'free range kids'. Whilst these may be the two extremes, I think it's fair to say that children now have less time to entertain themselves than they have had in the past.

This also means a busy life for parents, racing from ballet to soccer, back to ballet, back to soccer and a quick trip to the shops because one child can't live another day at school without a pink highlighter! Hovering too closely, doing too much, expecting battles is a recipe for disaster, warn some experts.



Andrew Fuller, author of *Tricky Kids: Transforming Conflict and Freeing Their Potential* (Finch Publishing, 2010), says all parents should bear the following in mind:

- Children learn competence and confidence by tackling some things on their own.
- There are some situations in which your child can cope without your help. • Help is not always helpful.

Sometimes it robs children of the opportunity to work out their own way of doing things.

- Rarely or never do anything for a child that he can do for himself. It's easy to keep feeding them with a spoon or dressing them, but the parents who encourage their child to do these tasks on their own are genuinely doing the best for their child. I would be the first to say there is no black and white when it comes to parenting – only large grey areas!

However, it's a good idea to reflect on what you do. This is a very topical area at the moment, and certainly one that impacts schools, so I think it is worth reading about and discussing.

Thank you for the parents who attended our P&F meeting on Tuesday night.

The committee are preparing for a Father's Day Science event which will be fantastic, thank you for your efforts.

Every blessing for a great weekend, enjoy the local Bull ride if you are attending.

God bless,

*Rosie*

## Father's Day Science Night

Dad's come along to a fun science evening with your child

Dad's, Grandparent or significant other come along for a hands on fun science evening.

Your child will be taking you on a tour of our science stations throughout the school. Start at the Flexible Learning Space and come on a journey of scientific discovery with your child/children. You will also get to take home a science bag of goodies to continue the fun at home.

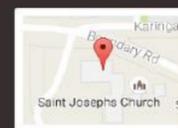


### Father's Day Science Night

When  
Thursday, Sep. 1st, 5-7pm

Where  
2 Boundary Road  
Rocky Point, QLD

More information  
RSVP by email to the school by Sunday 24th August.



Father's Day Photo Booth

Doors open at 5pm. Come along to the Flexible Learning Space (Library) and register and head straight to the photo booth to have a crazy photo shoot with your child/children. Then working clockwise around the school starting at your youngest child's classroom, begin a journey of hands on fun. See if you can outwit, out make or outlast your children at each of our science stations. Lucky door prize and prize for the furthest paper plane!

# MARK YOUR CALENDAR!

*\*More details to come ...*

**19<sup>th</sup> & 20<sup>th</sup> August** Weipa Bull ride

**29<sup>th</sup> August** *During week 8 Weipa Hospital Dental Clinic staff will visit. Please keep an eye out for the information / consent forms which will be sent home on Monday 8<sup>th</sup> August. These need to be returned to your student/s Teacher/s.*

**1<sup>st</sup> September** \*Father's Day Science Night 5-7pm Flexible Learning Space

**4<sup>th</sup> September** Father's Day

**7<sup>th</sup> September** Tuckshop Bake Sale Day bring a \$2 coin

**8<sup>th</sup> September** \*School Liturgy Celebration of Our Mother Mary's Birthday

**16<sup>th</sup> September** Last Day Term 3

**3<sup>rd</sup> October** Queen's Birthday Public Holiday

**4<sup>th</sup> October** First Day Term 4

**7<sup>th</sup> October** \*Swimming lessons commence every Friday

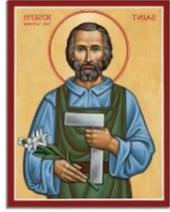
**12<sup>th</sup> October** \*Crazy Sock Day

**24 – 28<sup>th</sup> October** Lillian Millar School Communication Engagement Officer visit

**26<sup>th</sup> October** \*Socktober family movie night

**18<sup>th</sup> November** \*Swimming Carnival

**25<sup>th</sup> November** Last Day Term 4



## News from the APRE



### **News from the APRE – Week 6 Term 3**

This week I have been away on the annual APRE/SEL retreat at Mission Beach and the theme this year was all about Caring for the Soul. The 2 days was an opportunity for those in Leadership positions to sit, refresh and renew the soul using silence, prayer and scripture. It was enlightening and certainly a refreshing 2 days. So I did not get the chance to mention all that I wanted to in last week's news. So this week I will endeavour to bring you up to date with some matters.

### **Religious Education Professional Learning.**

Last week Robyn Chambers from the Identity and Mission team facilitated a professional learning session with our teachers on the Psalms and how to write criteria sheets. The Psalms are a focus in our new RE Curriculum with some of them being mandated scripture. How to write criteria sheets is important for teachers to show student understanding when completing assessment as a requirement of units being taught.

### **Annual School Satisfaction Surveys.**

I did briefly mention this last week but a gentle reminder that the survey will come on line late in August and it is important that these are completed as the data is added to our annual report. You will be informed when the link is ready.

### **Father's Day Science Night.**

On Thursday September 1, we have the opportunity to celebrate all of the fathers in our school community. Please make sure you have checked the noticeboard to register as a helper and we hope to see many of you on the night.

### **PCYC attendance – URGENT ATTENTION NEEDED.**



As per a discussion held at the P & F meeting on Tuesday night we would like to try and streamline the attendance list of our students who regularly attend PCYC at the Western Cape College. To assist us with keeping accurate records we are asking if your child attends regularly or casually, could you please see Laura in the office to complete an attendance confirmation sheet. This information will then be collated for our records and marking each afternoon.

If you only use the service on a very casual basis, please still complete the form in the office.

Amanda

## **LOST PROPERTY**

Our lost property box is almost full to the brim of belongings. If you have something lost, please come and check in the box for any items that may be yours.

# \*St Joseph's Message Board\*



*Thank you from Karen in the library...*

A big thank you to all those who have made donations of books to add to our library resources.

We are grateful for all the support we are receiving from both our school community and Weipa community members.



Thank you for supporting our recent Bake Sale days, the **last sale will take place on 7<sup>th</sup> September...**

Bring a **\$2** coin to school and choose from our selection of cakes & slices...

Susanne Gane



*St Joseph's Parish Church*

Weekend Services

Saturday Vigil 6pm

Sunday 8:30am

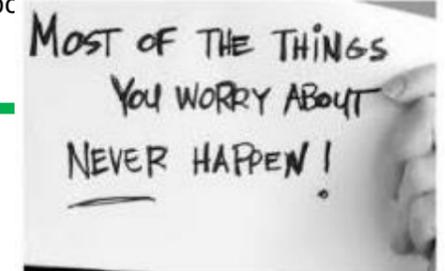
For further inquiries, please contact  
Pastoral Leader Kath 40699346

*The language of resilient families by Michael Grose*

## **No3: Let's Take a Break    Strategy: Direction**

*Good for: kids experiencing stressful situations; kids who think too much; kids with busy lives.*

When kids are troubled by events or spend too much time brooding it helps to do something to get their minds off things for a time. Playing games, spending time together, watching some TV, going out – are all good distractors for worried, anxious or stressed kids. Self – distraction is healthy, providing some welcome perspective. It also prevents kids from replaying awful experiences in their heads, blowing them out of proportion.



## *A Message from the P & F Committee....*

Dear Parents/Guardians

In preparation for our upcoming Father's Day Evening we would like to ask your assistance in making a small donation of **2 lemons** (per family).

The lemons you provide will be used by your family to create a delicious treat on the night.



Additionally, if any families are in a position to donate a bottle of **vegetable oil** or similar (canola/sunflower) we will gratefully accept.

### RECYCLING ITEMS

Please collect any of the following items

- 500/600ml water/soft drink bottles
- Pop Top Lids
- Unwanted CD's/DVD's (Disks only)



Donations can be brought to school over the next 2 weeks and placed in the donation box located out the front of the Library.

We thank you for your support and look forward to you joining us on Thursday September 1st

# Class News

## Prep News

Preps enjoyed going on a journey from Weipa to Rio via Google Earth. They have learnt that places can be represented on a map and globe. It was very clear for preps that a Rio is a long way from Weipa.

Preps have listened to the story of The Good Samaritan in the Gospels. They have identified that life in the time of Jesus was very different from life today but that the message of Jesus is still very relevant to all people. Preps will continue to investigate the story of The Good Samaritan.

Preps were very interested to see the new irrigation system being put in on the oval. Watching digging machinery is always fascinating in the Early Years.

## Year 1 News with Mrs Quartermaine

This week I was lucky enough to take the year 1's as Mrs Boundy is away. It has been an incredible week and an experience that I will never forget. This week we have learnt about baptism and what it means to become a member of God's family. We spoke about our own baptism and who our godparents are. We also learnt that baby boys and girls usually wear a white dress when they become baptised (which surprised some of the boys in the class). In science we had an outdoor lesson on 'ant antics' this was fun as the students spent the lesson outside looking for ants and recording ant behaviour. Thanks for being awesome year 1 and keep up the good work!

## Year 2 News

Our class is very excited that we have finally received our pen pals from St Joseph's in Nambour. We wrote a draft letter last week and today we finished our good copy; looking at letter presentation, addresses, closing statements and the body of our letters. We wrote about ourselves in this letter and it has helped us understand about the importance of letters. Every child has also addressed an envelope to receive a return letter! We have been consolidating our understanding of quarter to and quarter past in time in Maths. The Hail Mary prayer has been a daily focus in class and much discussion has been generated about Toys from present, past and the future in our History investigations. We will finish our Olympic activities this Friday and we all agreed that we have learnt so many things about The Olympics and about our world.

## Year 3 News

Year three have been busy completing their assessment pieces and finalising their work for science and geography. We also began a new course in computer science using [www.code.org](http://www.code.org) and more than half of our class have completed 1 of the 4 courses to learn computer coding and video programming. This week we also began the Enrichment Program offered to 5 of our highest achieving students who will explore robotics and in turn, teach their peers.

## Year 4/5/6 News

Today most of the class will be participating in the T20 Cricket tournament at WCC. Two coaches from Brisbane Heat visited us on Thursday to practise our cricket skills and teach us the rules for the T20 game. Blake and Dan even drove the Brisbane Heat ute up to Weipa from Cairns for the tournament. Hopefully we can come away with a few wins against the three WCC teams and a team from Mapoon. We had 2 PE lessons this week, where we learned how to play "ultimate frisbee". We are nearly finished reading Charlotte's Web and are learning about the characters in the story. Don't forget to send in your rocks so we can investigate what they are on our Science Day next week. We have enjoyed watching exciting Olympic events from the Rio 2016 games and will never forget seeing Usain Bolt win his third gold medal in the 100 metre sprint.

## \*\* STAR STUDENTS OF THE WEEK \*\*

Prep... *Ayden Vogler, Gemma Mellner & Dion Williams*

Year 1... *Ryan Potter & Oliver Dyer*

Year 2... *Kayla Barton & Xavier Lobley*

Year 3... *Eva Payne & Jay West*

Year 4 5 6... *Peyton Wellby & Jay Deegan*

